



# Challenge Yourself to Get Outside!

## June 17 - August 1

Two Ways to Participate

Take advantage of the longer days & warmer weather of summer by taking the 100 Hours Outside Challenge.

### CHALLENGER

- Weekly Activities
- Motivation
- Summer Fun & Prizes
- Downloadable Tracking Sheet
- Invite to Private FB Group
- Vinyl Participant Sticker



Register by June 16th at [www.acparks.org](http://www.acparks.org)

### EXPLORER

- Weekly Activities
- Motivation
- Summer Fun & Prizes
- Invite to Private FB Group
- Vinyl Participant Sticker
- Access to Tracking App
- Collectible Vintage T-shirt

